

IS SOCIAL CARE RIGHT FOR YOU?



THINKING ABOUT A CAREER IN SOCIAL CARE....

Social Care can be an ideal job if you enjoy working with people. Qualifications and education aren't essential at the outset. It's more about your attitude, commitment and willingness to give others the practical support they need to live fulfilling and independent lives. Over time, you'll have the opportunity to pick up formal qualifications as you work, including NVQs.

WHAT DOES THE JOB INVOLVE?

At Turning Point, all our employees are working towards the same goal: to have a positive impact on the lives of people who are affected by drug and alcohol misuse, mental health issues and learning disabilities. You may find yourself working in a residential setting or part of an outreach project. On a day-to-day basis, you could be offering advice, providing practical support or promoting independence and healthy life choices. The roles will vary depending on the setting and the nature of the client group you're assisting.

THE RIGHT MIX OF SKILLS

Here's a checklist which may help you to decide whether a job in social care is right for you. If you can answer 'yes' to these questions, it's a good indication that you have the right kind of personality and temperament.

- Can you relate to people from different cultures and backgrounds?
- Do you empathise with people and understand their problems?
- Are you resilient and able to deal with difficult situations?
- Are you able to work well as part of a team?
- Are you prepared to be flexible over your working hours or work shifts?

WHAT NEXT?

If you think you have the right mix of skills and are interested in finding out more about a career in Social Care with Turning Point, why not visit <http://www.turning-point.co.uk/workforus>